WELCOME TO THE HOME OF THE
NORTHERN KENTUCKY NORSE

VOLLEYBALL

2017-18 OFFICIAL VISITORS GUIDE

#TAKENOTICE
### Quick Facts

**Location:** Highland Heights, KY  

**Population:** 14,566  

**Founded:** 1968  

**Nickname:** Norse  

**School Colors:** Black & Gold  

**Affiliation:** NCAA Division I  

**Conference:** Horizon League  

**Athletic Director:** Ken Bothof  

**Athletics Website:** NKUNORSE.COM  

**Official Twitter:** @NKUNORSE

### Table of Contents

- **Welcome**  
  - PG. 3  
- **Athletic Department Contacts**  
  - PG. 4  
- **Directions to Regents Hall**  
  - PG. 5  
- **Campus Map**  
  - PG. 6  
- **Match Information**  
  - PG. 7  
- **Practice Information**  
  - PG. 7  
- **Laundry Services**  
  - PG. 7  
- **Hotel Information**  
  - PG. 8  
- **Local Restaurants**  
  - PG. 8  
- **Attractions**  
  - PG. 9  
- **Home Volleyball Schedule**  
  - PG. 10  
- **Travel Request Form**  
  - PG. 11  
- **Comp Ticket Form**  
  - PG. 12
WELCOME TO NORTHERN KENTUCKY UNIVERSITY

Dear Visiting Team:

Northern Kentucky University is thrilled to welcome you and your team to the Greater Cincinnati/Northern Kentucky area. We are pleased to make available this Visiting Team Guide to familiarize your team with the operational conditions associated with a volleyball match in Regents Hall.

Included, you will find contact information for Athletic Department Staff, directions to campus, a campus map, recommended hotels, restaurants, and attractions. In preparation for your visit, we suggest you take a few moments to review the enclosed content.

As you read through the informational packet, please complete the enclosed Travel Form with as much information as possible. It is imperative that we receive your contact information so your traveling party can be reached if need be.

If you have any questions or concerns, please feel free to contact any of us in the NKU Athletic Department to assist you during your planning and stay.

We all at NKU wish you the best of luck in the upcoming season.

Sincerely,

Aaron Jones
Athletics Facility Coordinator
ATHLETIC DEPARTMENT CONTACTS

**Volleyball Coaching Staff**
Liz Hart, Head Coach
859-572-6372 Office
513-383-9923 Cell
harte5@nku.edu

Jason Ruppelt, Assistant Coach
859-572-7844 Office
605-464-8932 Cell
ruppeltj1@nku.edu

Matt Kearns, Graduate Assistant
kearnsm@mymail.nku.edu

**Administrative Staff**
Ken Bothof, Director of Athletics
859-572-5193 Office
bothofk1@nku.edu

Bryan McEl Downey, Assistant AD
*Sport Administrator for Volleyball
859-572-5470 Office
mceldowneyb1@nku.edu

**Athletic Communications Staff**
Bryan McEl Downey, Assistant AD
859-572-5470 Office
mceldowneyb1@nku.edu

Chole Smith, Assistant Athletic Communications Director/*Volleyball
859-572-7659 Office
smithc104@nku.edu

**Charter Bus Company**
Queen City Transportation
Kathleen Moher
513-941-8700
kathleen@queencitytransportation.com

**Athletic Training Staff**
Molly Woods, Associate AD for Sports Medicine and Risk Management
859-572-1487 Office
859-486-1640 Cell
hutsonm@nku.edu

Frank Sipley, Associate Athletic Trainer
*Volleyball
859-572-5921 Office
859-547-7829 Cell
shipleyf1@nku.edu

**Event Management Staff**
Chris Hafling, Associate AD
859-572-7665 Office
859-358-1314 Cell
haflingc1@nku.edu

Aaron Jones, Facilities Coordinator
859-572-7859 Office
919-450-6381 Cell
jonesa87@nku.edu
DIRECTIONS TO REGENTS HALL

From I-275 Eastbound:

- Take I-275 East to Exit # 76, Three Mile Road / NKU
- Turn right at end of ramp and follow to first stoplight, Kenton Drive
- Turn right onto Kenton Drive and follow to second stop sign
- Turn left at stop sign across from Kenton Drive Parking Garage
- Pull all the way back nearest dumpsters and loading dock area; teams should enter door labeled ‘Volleyball.’
- Proceed to top of stairs and take an immediate left towards Regents Hall
- At end of hallway, go through door straight ahead into Regents Hall

From I-275 Westbound

- Take I-275 West to Exit # 74A, Alexandria
- Merge onto US 27 and take to second stoplight, Nunn Drive
- Turn right onto Nunn Drive and take to roundabout
- Veer right at roundabout and take to first stoplight (Kenton Drive)
- Turn left at Kenton Dr. and follow to second stop sign
- Turn left at stop sign (Kenton Drive Parking Garage will be on your right).
- Pull all the way back nearest dumpsters and loading dock area; teams should enter door labeled ‘Volleyball.’
- Proceed to top of stairs and take an immediate left towards Regents Hall
- At the end of the hallway, go through door straight ahead into Regents Hall

From I-471 (coming from downtown Cincinnati)

- Take I-471 South and stay on I-471 as it becomes US 27
- Turn right at second light onto Nunn Dr. and take to roundabout
- Veer right at roundabout and take to first stoplight (Kenton Drive)
- Turn left at Kenton Dr. and follow to second stop sign
- Turn left at stop sign (Kenton Drive Parking Garage will be on your right).
- Pull all the way back nearest dumpsters and loading dock area; teams should enter door labeled ‘Volleyball.’
- Proceed to top of stairs and take an immediate left towards Regents Hall
- At the end of the hallway, go through door straight ahead into Regents Hall
MATCH INFORMATION

***Timing sequence***

<table>
<thead>
<tr>
<th>Activity</th>
<th>Clock</th>
<th>2:00 PM Match</th>
<th>4:00 PM Match</th>
<th>6:00 PM Match</th>
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<tbody>
<tr>
<td>HOME Pass &amp; Serve</td>
<td>----</td>
<td>12:00 PM</td>
<td>2:00 PM</td>
<td>4:00 PM</td>
</tr>
<tr>
<td>Visiting Team Pass &amp; Serve</td>
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<td>12:30 PM</td>
<td>2:30 PM</td>
<td>4:30 PM</td>
</tr>
<tr>
<td>Shared Court Time</td>
<td>60:00</td>
<td>1:00 PM</td>
<td>3:00 PM</td>
<td>5:00 PM</td>
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<tr>
<td>Coin Toss</td>
<td>30:00</td>
<td>1:30 PM</td>
<td>3:30 PM</td>
<td>5:30 PM</td>
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<tr>
<td>Visiting Team Court Time</td>
<td>19:00</td>
<td>1:41 PM</td>
<td>3:41 PM</td>
<td>5:41 PM</td>
</tr>
<tr>
<td>HOME Court Time</td>
<td>15:00</td>
<td>1:45 PM</td>
<td>3:45 PM</td>
<td>5:45 PM</td>
</tr>
<tr>
<td>Visiting Team Court Time</td>
<td>11:00</td>
<td>1:49 PM</td>
<td>3:49 PM</td>
<td>5:49 PM</td>
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<tr>
<td>HOME Court Time</td>
<td>6:00</td>
<td>1:54 PM</td>
<td>3:54 PM</td>
<td>5:54 PM</td>
</tr>
<tr>
<td>Teams to Benches</td>
<td>1:00</td>
<td>1:59 PM</td>
<td>3:59 PM</td>
<td>5:59 PM</td>
</tr>
<tr>
<td>National Anthem &amp; Intros</td>
<td>0:00</td>
<td>2:00 PM</td>
<td>4:00 PM</td>
<td>6:00 PM</td>
</tr>
</tbody>
</table>

Official game ball: ADIDAS
Jerseys: Home team will wear white.

PRACTICE INFORMATION

NKU will make every effort to accommodate your practice request. You must complete the travel information form on page 11 to request a practice.

LAUNDRY SERVICES

To schedule laundry services please contact, Aaron Jones, JONESA87@NKU.EDU. Advance notice required.
**HOTELS**

Country Inn & Suites  
10 Country Drive  
Wilder, KY  
859-441-3707

Hampton Inn  
10 Hampton Lane Blvd.  
Wilder, KY  
859-441-3049

Comfort Suites  
420 Riverboat Row  
Newport, KY  
859-291-6700

**LOCAL RESTAURANTS**

Chik-fil-A  
95 Carothers Rd  
Newport, KY  
859-491-4232

Barleycorn’s  
1073 Industrial Rd  
Cold Spring, KY  
859-442-3400

Toppers Pizza  
2517 Wilson Avenue  
Highland Heights, KY  
859-442-1400

Skyline Chili  
199 Martha Layne Collins Blvd  
Cold Spring, KY  
859-572-9500

Mellow Mushroom  
1014 Town Drive  
Wilder, KY  
859-441-6600

Domino’s Pizza  
90 Alexandria Pike, Ste. #13  
Fort Thomas, KY  
859-781-3311

Firehouse Subs  
2790 Alexandria Pike  
Highland Heights, KY  
859-781-7827

City Barbeque  
2760 Alexandria Pike  
Highland Heights, KY  
859-415-4544

Subway  
38 Martha Layne Collins Blvd.  
Highland Heights, KY  
859-781-7007

Chipotle  
2527 Wilson Avenue  
Highland Heights, KY  
859-442-9999

Smashburger  
2517 Wilson Avenue  
Highland Heights, KY  
859-441-2800

Frisch’s  
2611 Alexandria Pike  
Highland Heights, KY  
859-781-1225

Applebee’s  
2810 Alexandria Pike  
Highland Heights, KY  
859-781-2895

Wendy’s  
3708 Alexandria Pike  
Cold Spring, KY  
859-442-9500

Jimmy John’s  
2521 Wilson Rd  
Highland Heights, KY  
859-442-5555

Arby’s  
12 Martha Layne Collins Blvd  
Cold Spring, KY  
859-781-5988

Penn Station  
3980 Alexandria Pike  
Cold Spring, KY  
859-781-7300

Bob Evan’s  
4000 Alexandria Pike  
Cold Spring, KY  
859-781-7332

O’Charley’s  
100 Crossroads Drive  
Cold Spring, KY  
859-442-9270

Longhorn Steakhouse  
200 Crossroads Blvd  
Cold Spring, KY  
859-441-4820

Ruby Tuesday  
5350 Alexandria Pike  
Cold Spring, KY  
859-694-3300

Pita Pit  
2740 Alexandria Pike  
Highland Heights, KY  
859-360-5933

Pizza Hut  
2730 Alexandria Pike  
Highland Heights, KY  
859-781-8500
ATTRACTIONS

Entertainment
Newport on the Levee
Features Newport Aquarium, Axis Bowling, Gameworks, Hamster Water Balls, Shopping, and Restaurants
newportonthelevee.com
1 Levee Way
Newport, KY 41071
Distance from NKU: 6.7 miles

Kings Island
Amusement park
visitkingsisland.com
6300 Kings Island Drive
Mason, OH 45040
Distance from NKU: 29.9 miles

Malls & Shopping
Crestview Hills Town Center
shopcrestviewhillstowncenter.com
2791 Town Center Blvd.
Crestview Hills, KY 41017
Distance from NKU: 8.8 miles

Florence Mall
florencemall.com
2028 Florence Mall Drive
Florence, KY 41042
Distance from NKU: 14.3 miles

Kenwood Towne Centre
kenwoodtownecentre.com
7875 Montgomery Road
Cincinnati, OH 45236
Distance from NKU: 17.5 miles

Museums
National Underground Railroad Freedom Center
Focus on freedom’s heroes from members of the Underground Railroad to contemporary heroes
freedomcenter.org
50 E. Freedom Way
Cincinnati, OH 45202
Distance from NKU: 7.6 miles

Cincinnati Museum Center
Features several museums and OmniMax in the old Union Terminal
cincymuseum.org
1301 Western Avenue
Cincinnati, OH 45203
Distance from NKU: 9.4 miles

Cincinnati Art Museum
Features extensive collection of artistic works
cincinnatiartmuseum.org
953 Eden Park Drive
Cincinnati, OH 45202
Distance from NKU: 8.0 miles

Nature & Wildlife
Cincinnati Zoo
Varied collection of animals
cincinnatizoo.org
3400 Vine Street
Cincinnati, OH 45220
Distance from NKU: 10.1 miles

Krohn Conservatory
Varied collection of plant species and butterflies
cincinnati parks.com
1501 Eden Park Drive
Cincinnati, OH 45202
Distance from NKU: 7.7 miles

Sports Teams
Cincinnati Reds (Baseball)
MLB NL Central Division
cincinnatireds.com
100 Joe Nuxhall Way
Cincinnati, OH 45202
Distance from NKU: 7.4 miles

Cincinnati Bengals (Football)
NFL AFC North Division
bengals.com
1 Paul Brown Stadium Way
Cincinnati, OH 45202
Distance from NKU: 7.5 miles

Cincinnati Cyclones (Hockey)
ECHL members
cycloneshockey.com
US Bank Arena, 100 Broadway
Cincinnati, OH 45202
Distance from NKU: 7.4 miles

FC Cincinnati (Men’s Soccer)
USL Eastern Conference
fccincinnati.com
Nippert Stadium at University of Cincinnati
2700 Bearcat Way
Cincinnati, OH 45219
Distance from NKU: 9.6 miles

Parks
Smale, Sawyer Point, and Berry Parks
All three parks are in downtown Cincinnati on the riverfront and feature gorgeous views, trails, restaurants, and evening and weekend entertainment
Distance from NKU: 7.0 miles
# HOME SCHEDULE

<table>
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<tr>
<th>Date</th>
<th>Opponent</th>
<th>Time (EST)</th>
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<tr>
<td><strong>NORTHERN KENTUCKY INVITATIONAL</strong></td>
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<tr>
<td>Friday, September 8</td>
<td>BGSU vs Sacramento State</td>
<td>3:30 PM</td>
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<td>NKU vs Seattle</td>
<td>6:00 PM</td>
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<td>Saturday, September 9</td>
<td>Seattle vs BGSU</td>
<td>10:00 AM</td>
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<tr>
<td></td>
<td>NKU vs Sacramento State</td>
<td>12:30 PM</td>
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<td></td>
<td>Sacramento State vs Seattle</td>
<td>5:00 PM</td>
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<td></td>
<td>BGSU vs NKU</td>
<td>7:00 PM</td>
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<td>Saturday, September 23</td>
<td>Wright State</td>
<td>4:00 PM</td>
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<td>Friday, October 6</td>
<td>UIC</td>
<td>6:00 PM</td>
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<td>Saturday, October 7</td>
<td>Milwaukee</td>
<td>4:00 PM</td>
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<td>Sunday, October 22</td>
<td>IUPUI</td>
<td>2:00 PM</td>
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<td>Friday, October 27</td>
<td>Oakland</td>
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<td>Saturday, October 28</td>
<td>Youngstown State</td>
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<td>Wednesday, November 8</td>
<td>Cleveland State</td>
<td>6:00 PM</td>
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<tr>
<td>Saturday, November 11</td>
<td>Green Bay</td>
<td>4:00 PM</td>
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Northern Kentucky University
Visiting Team Travel Request Form

College/University: _______________________________________________________

Point of Contact: _________________________________________________________

Mobile: ___________________  Email: ____________________________

Transportation: ___________________________________________________________
(Bus, Van, Car)

Practice Request Day Prior to Match:

YES: _______  NO: _______

Practice Request #1: _______________  Practice Request #2: _______________

Practice Request Day of Match:

YES: _______  NO: _______

Practice Request #1: _______________  Practice Request #2: _______________

Please complete and return the form to Chris Hafling, haflingc1@nku.edu. Form must be completed and submitted to confirm practice time.
Northern Kentucky University will provide up to 50 complimentary admissions for guests of visiting institutions’ travel party. **ALL GUESTS ON THIS COMPLIMENTARY ADMISSION LIST MUST PROVIDE A VALID ID AT THE PASS LIST LOCATION.** These names should NOT include the travel party – coaches, student-athletes, and administrators will be admitted complimentary.

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This form may be submitted to Chris Hafling, Associate Athletic Director, via email at haflingc1@nku.edu, OR may be presented in person to a member of the NKU Facilities staff upon arrival to the facility.
VOLLEYBALL - VISITING TEAM COMPLIMENTARY ADMISSION LIST

Institution: ___________________________ Date: ____________________

Northern Kentucky University will provide up to 50 complimentary admissions for guests of visiting institutions’ travel party. **ALL GUESTS ON THIS COMPLIMENTARY ADMISSION LIST MUST PROVIDE A VALID ID AT THE PASS LIST LOCATION.** These names should NOT include the travel party – coaches, student-athletes, and administrators will be admitted complimentary.

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</tbody>
</table>

Page 2 of 2

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